

Name _____

Date _____

Physical Education Lesson Plan: Animal Tag Relay

Subject:	Physical Education
Concept:	Demonstrate proper form and smooth combinations of fundamental locomotor and body control skills safely in dynamic situations while demonstrating proper breathing technique.
Grade Level:	2 nd grade
Objective:	To demonstrate proper form of locomotor skills after interpreting the visual clue of an animal displayed on an index card.
Materials:	Gym floor, index cards with a visual/picture [hand drawn or cut out of a magazine] of an animal
Timeline:	One hour
Instructional Procedures:	Teacher assigns students the numbers 1-2-3-4-1-2-3-4-1... until each student is either a 1, 2, 3, or 4. A group of students 1-5 are assigned a corner of the gym. Students with the #1 are in Group #1, students with the #2 are Group #2, etc. Four teams of five students in each team will compete against each other. Students are divided into four groups and stationed in the four corners of the gym. The teacher gives one student from each group an index card with a visual of an animal. The teacher blows the whistle and students with the cards have to mimic the movements of that particular animal [i.e., a student will hop if s/he has a card with a picture of a bunny on it] to the next group/corner and give their corresponding teammate [student #1 hands off the card to student #1 in the next group/corner] and they follow the same instructions until all four groups have gone around the gym one time [or twice if time permits].
Assessment:	Students should be able interpret the animal movements quickly when they are handed the card from their teammate, and move quickly around the gym floor demonstrating the proper form of locomotor skills of that particular animal.